



Child & Family Welfare Foundation

A Project for the Disabled & Polio Affected

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List of new Patients 2010 ♦ Request for Sponsorship

CHILD AND FAMILY WELFARE FOUNDATION is a united effort of charity-minded individuals, who have devoted themselves to provide free aid to Polio-affected children and others who suffer from disability due to various causes. Our volunteers survey the slum areas, register disabled, needy children and coordinate 'Free Correctional Treatment' at Dr. Desai's Shradha Hospital in Malad, Mumbai. Once these poor, disabled children have been examined and diagnosed, they are admitted for surgery. They receive free-of-cost operations, as well as follow up treatment and care, including calipers and crutches if required. We request help with sponsorship for the child listed below. A list of more patients waiting for treatment as well as medical reports, studies and progress updates of patients who have completed treatment are available upon request. With your kind contribution you'll be able to make a life changing investment in this child's future. We thank you for taking part in our project and wish you all the best.

CFWF, Josef S. Project Manager



Name: Padam Singh, age 17, from Powai, Mumbai, Maharashtra

Family Background: He is one of 3 children of a poor family, whose father has a job as a watchman. Padam is in his last year of public school, in 12th Grade.

Medical Condition: Due to Polio his left leg is more than 5 cm shorter than the right one. He suffers from deformities and a lack muscle power. He can move about, but limps with every step. Discomfort and impediment will increase with age, if not treated at this stage.

Diagnosis & Treatment suggested:

He needs four-stage surgeries, to improve his mobility and walk without limping; 1) *Limb-lengthening* in left leg to correct the shortening. 2) *Tripple Arthrodesis* OP in the foot. 3) *Hamstring-Release* OP in knee, and 4) Removal of the Implant.

Time required: 1-1½ year.

Estimated Costs: INR 30500/- for all operations/4 stage surgeries together.

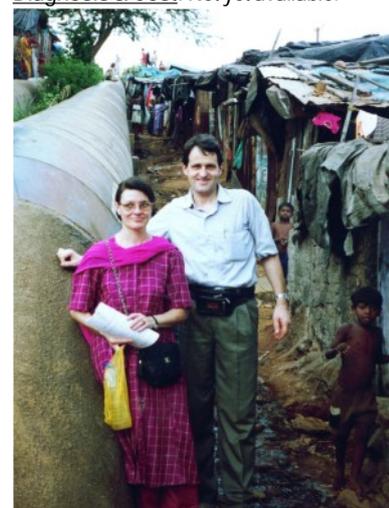
Other Information: Padam is an ambitious youngster, he has a good chance after this treatment to lead a normal life.



Name: Ajeet G. Mokale, age 6, from Powai in Mumbai, Maharashtra

Background & Medic. Condition: Ajeet suffers from typical deformities in left arm and leg due to Polio. He lives with his parents and his brother Prashant in the very slum area, where Josef and his late wife Verena carried out the first slum survey in 1997, at the start of the project. (See below)

Diagnosis & Cost: Not yet available.



Name: Rashika R. Kamble, age 7, from Virar Thane District, Maharashtra

Family Background: She was referred to us by a patient who received free treatment 10 years ago and now is helping PCR-Mumbai Project as a part-time volunteer. Rashika is the only daughter of a poor labourer family, living in a one room home in a remote suburb of Mumbai. In the left picture the girl is seen with her mother on her left side. Her father works as a helper in a printing press. They struggle to manage the minimum for their existence.

Medical Condition: Rashika suffers from deformities in both legs and arms, due to Cerebral Palsy / brain defects since birth. She is not able to stand on her own nor walk at all. Other than that she is presently in good health and a cheerful girl. Unless she's able to gain more mobility, her future looks bleak in terms of getting an education and a good life.

Diagnosis & Treatment suggested: Though not an easy case she can be helped, in the best case gaining considerable amount of mobility through a number of correctional surgeries, followed-up by Physio and a walking aid /caliper to be made for her at the end. She first requires a *Welpius* OP in each arm, for the 2nd stage an *Egger's* surgery in each knee is planned.

Time required: Could take 10-20 months, depending on the progress Rashika will make with each stage of treatment.

Estimated Costs: INR 30000/- (for all operations, Physio, hospital stay)

Other Information: This is a very needy child, on waiting the list for long time.



Please issue cheques in favour of **Child & Family Welfare Foundation** • Thank you for your kind contribution!



Name: Brijesh Yadav, age 25, from Powai, Mumbai, Maharashtra

Family Background: He is from the state Uttar Pradesh in North India. His parents live there in a village. Brijesh has not had any education. As a youngster he came to Mumbai to stay with his older brother, who lives in our area. Being a disabled person, Brijesh was given by the government allowance, to run one small public phone booth from within his residence. This gives him a little income, but not enough to support himself.

Medical Condition: At the age of one, Brijesh contracted the Polio virus. His right leg got severely affected, leaving it deformed and much, much shorter than his left leg, a staggering 10 cm. This condition greatly limits his mobility. He has a unique way of moving about with one big stick. This gets him slowly around, but is very tiresome for him.

Diagnosis & Treatment suggested: To correct his major deformities and help him walk normal in future he would need, 1) a *Souther's* operation in his right hip, 2) a Release surgery and simultaneously a *Mc Evan's* Osteotomy in the right knee, then 3) a *Tripple Arthrodesis* in the right foot. After these correctional surgeries he would need, 4) *Limb-lengthening* in the lower right leg to correct the shortening and last, 5) removal of the implant. Optional, and depending on the progress of the above surgeries, he may afterwards need: a) an ankle/ knee corr. surgery and b) one more *Tripple Arthrodesis* in his right heel after the major surgery and procedure of Limb-lengthening.

Time required: 1½ - 2 years (Limb-Lengthening may take 9-10 months)

Estimated Costs: INR 33500/- for stages 1-4. (Limb-lengthening cost 13000)

With optional operations (a-c) included, the total cost would be INR 46500/-

Other Information: LL surgery, applying fixator after the *Ilizarov* method.



Name: Pranay B. Varthe, age 14, Goregaon East, Mumbai, Maharashtra

Family Background: Pranay lives in a small village just behind our society. His mother Jayshree came to us a few months ago, taking up the daily job of sweeping and mopping the floors of our home. We then came to know that Pranay, the youngest of her three sons is disabled. More than that, Jayshree had lost her husband some years ago. He was an alcoholic and died early. Life's been difficult for Jayshree and her boys, she works hard at a few jobs to support them. We are very pleased with her job in our house and she is of an excellent character too. She is appreciative that Pranay got registered with PCR-Mumbai, to receive free treatment.

Medical Condition: At the age of four months Pranay contracted the Polio virus, which left him with some deformities /paralysis on his left side. He limps with every step, he cannot walk fast and can hardly use his left arm /hand. Because of his disability he missed some of his schooling earlier on, his school being a long way off. He is now studying in 5th Grade. In the picture on the right, he is seen in his school uniform with his mother.

Diagnosis & Treatment suggested: For 1st stage, corr. surgeries in his left arm are scheduled. With these operations Pranay should be able to use his left arm /hand to a much higher degree, aiming 70-80% improvement.

1) a *MaxPage* release operation in hand /wrist, 2) a *Wrist fusion* surgery, 3) An *Adductor* deformity release operation in left hand /thumb.

Time required: One year approximately, depending on progress and on how it can be coordinated with his school attendance.

Estimated Costs: INR 27000/- (all three operations and hospital stay)

Other Information: This is a very worthy case, needy and thankful for help.



Name: Ashwini Chavan, age 13, Powai, Mumbai, Maharashtra

Family Background: She is the 2nd youngest of a family with five children. They all live in a one room shelter, put up along the wall of a big factory in our vicinity. It's a moist place with only plastic sheets roofing. Her dad has presently no work, and the mother is a sweeper in a nearby park. They live clearly below the poverty level and really struggle to survive.

Medical Condition: Ashwini was first contacted in summer 2009, when PCR-Mumbai volunteers surveyed our surrounding areas for new patients. She got introduced to our project and examined by Dr. Desai. She suffers from deformities in her right arm and leg, due to Cerebral Palsy. At the initial med. checkup two operations were suggested, one in her right arm and one in the wrist. The first correctional surgery was immediately carried out and brought good success. (See *PCR-Mumbai Progress-Report Jan/Feb 2010*)

Diagnosis & Treatment suggested for Phase-II: One more operation, a *Miotomy* muscle transplant, below her elbow, was just carried out. Later will follow three surgeries in her right wrist/hand to bring the desired improvement of muscle power and control over hand and finger movements. These are difficult surgeries, requiring great skill and time, they are: 1) *Wrist Fusion*, 2) *Muscle Transplant*, 3) *Opponan Plasty*. Ashwini will need Physio after.

Time required: Approximately 6-8 months.

Estimated Costs: INR 30000/- (for all four surgeries of Phase-II)

Other Information: Ashwini and her family are very appreciative for the help they received so far. Dr. Desai is pleased with the good progress too.

